

## Mobile Dance Classes: School Phys-Ed Program



Dance Kraze Productions offers Mobile Dance Classes in vast range of fun and exciting styles:

### **Hip Hop, Jazz, Modern, and Contemporary.**

As the title suggests, "Mobile Dance Classes", Dance Kraze will cater to your dancing requirements and to your location. We will travel to your venue and offer a customized dance program that is balanced, fun, energizing and fulfilling to the participating students. We can offer full structured workshops or a single dance class.

Dance Kraze specializes in School Phys-Ed and/or after school dance programs. We currently provide unique and exciting Dance Class Unit programs to number of schools around GTA.

## School Phys-Ed / After School Program

Dance Kraze will come to your school as part of your Dance Unit or after-school extra-curricular activity and instruct a fun and creative week of dance.

- We begin by energizing your students with our amazing warm-up full of cardio, stretch and strengthening exercise, sit-ups, push-ups, a full body work-out.
- Then we instruct a fun dance combination. Each day we add on to the combination creating awesome fun-filled dance choreography.
- Half way through the week we put students into groups. Each group is then encouraged to create their own intro to the choreography that they already learned.
- To promote creativity and team spirit we encourage students to create a group costume, using their own clothes, to compliment their own intro to the dance choreography. This way each group performs the same combination in their own unique style.
- At the end of the week students perform their own dance intros and the newly learned choreography where they get to show off their new found skills.

Our week long dance workshop is fun, a great learning environment that breeds exercise and creativity. It builds students co-ordination and extends their dance skills. More importantly this program offers introduction to dance to many students that have never had the opportunity to try, thus building their confidence in do so.

We cater to you and your schools needs! We can create a unique program for you and your students and guarantee that students will be positively challenged while getting a great workout.

## Case Study

Dance Kraze Mobile Dance Classes: School Phys-Ed Units are currently being held at the following schools in GTA, with great success:

- School: **St. Marcellinus Secondary School**  
Contact: **Bridgett Strano, Science/Phys-Ed**  
Email: Bridgett Strano <bridgett.strano@dpcdsb.org>  
Program: Mobile Dance Classes: School Phys-Ed Week Unit  
Girls P.H.E  
Description: Short warm-up 15min. Fun hip hop class for 45min

*"Katarina is very energetic and relates well to the students. She makes dance "fun" and the students look forward to the dance unit every year."*

- School: **St. Mildred's-Lightbourn School**  
Contact: **Judy Ross, Director of Global Studies**  
Email: Judy Ross <jross@smls.on.ca>  
Program: Mobile Dance Classes: School Phys-Ed Week Unit  
Description: Short warm-up 15min. Fun hip hop class for 45min

*"Girls at St. Mildred's-Lightbourn School have greatly enjoyed the high beat and energy of hip hop workshops with Dance Kraze Productions for the several years. As well as receiving instructions in basic hip hop steps and moves, the girls have been given the opportunity to create a short routine of their own. The overwhelming feedback has always been ... can we have another class or why was this class so short? Without a doubt Dance Kraze Productions has enriched the experiential program at SMLS and we look forward to continuing our working partnership in the future."*

## Contact Us

For more information on Mobile Dance Classes or to arrange or book a School Phys-Ed or after school program, please don't hesitate to contact Katarina Rajkovic-Corbic.

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